

# DEFM332

**STUDENT WARNING:** This course syllabus is from a previous semester archive and serves only as a preparatory reference. Please use this syllabus as a reference only until the professor opens the classroom and you have access to the updated course syllabus. Please do NOT purchase any books or start any work based on this syllabus; this syllabus may NOT be the one that your individual instructor uses for a course that has not yet started. If you need to verify course textbooks, please refer to the online course description through your student portal. This syllabus is proprietary material of APUS.

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## Course Summary

**Course :** DEFM332 **Title :** Transition and the Military Family

**Length of Course :** 8

**Prerequisites :** N/A **Credit Hours :** 3

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## Description

**Course Description:** This course is designed to provide students with knowledge of the theoretical and practical aspects of managing transitions, with a focus on those issues incumbent on the military family. Course topics include change and choice, psychology of the self, interpersonal relations, health, dysfunction, grief, and building a life-career. Particular attention is focused on these topics' application to the military family lifestyle, to include deployment separation, reunion, marriage and family, parenting, military casualty, and life-career. The following questions appear as themes throughout the course: what is transition; what transitions do military families experience; what are the affects on the body, mind, spirit, and interpersonal relationships; what is resilience; and how does one create a plan to strengthen resilience?

### Course Scope:

This **DEFM 332 Transition and the Military Family** course addresses the processes of transitions, including conflict and resolution of major life decisions and stressors to family systems. The roles of the military member and family are discussed from each life transition. Specific attention is then given to the individual and by which the physical, emotional and perceived needs of that individual are met during major life changes.

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## Objectives

**LO-1** Understand the nature of the transition from the military as a process.

**LO-2** Discuss the military family lifestyle to include deployment, separation, reunion, marriage and family, parenting, and military casualty.

**LO-3** Describe the evolution of the adult life cycle process, with focus on military organizations.

**LO-4** Describe resilience and how it applies to the military member, specifically during transitions.

**LO-5** Understand how families cope with change

**LO-6** Discuss grief and the cycles used to describe grief

**LO-7** Explore the process of parental stress and how it affects the family system

**LO-8** Understand how economic stressors affect family systems

**LO-9** Comprehend how families are effected from everyday stressors and external traumas

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## Outline

### **Week 1: Family Resilience and Family Belief Systems**

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Learning Outcomes

LO-1 and 2

Required Readings

Walsh Chapters 1 and 3

Links to the readings are found in the classroom under the Lessons section

Assignments

- Forum 1

### **Week 2: Families Coping with Change**

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Learning Outcomes

LO-3 and 4

Required Readings

Walsh Chapter 2 and 5

Catherall Chapter 4 and 20

Assignments

- Forum 2
- Research paper proposal (identify topic). Additional guidance on your research paper can be found in the Assignment section of the classroom.

### **Week 3: Parental Stress**

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Learning Outcomes

LO-5 and 6

Required Readings

Walsh Chapters 4, 6 and 7

Catherall Chapter 5

Assignments

- Forum 3

## **Week 4: Aging and Families**

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Learning Outcomes

LO-7 and 8

Required Readings

Walsh Chapters 8, 9 and 10

Assignments

### **Submissions:**

- Forum 4
- Research Paper Outline

## **Week 5: Death, Dying and Grief in Families**

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Learning Outcomes

LO-9

Required Readings

Kubler-Ross Chapter 9 & 11

Catherall Chapter 6

Assignments

- Forum 5
- Research paper abstract and title page

## **Week 6: Economic Stress and Families**

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Learning Outcomes

LO-10

Required Readings

See links listed in the Lesson section of the classroom under Required Readings

Assignments

- Forum 6

## **Week 7: Transitional Stages of the Military and Family Factors**

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Learning Outcomes

LO-11

Required Readings

Walsh Chapters 13 and 14

Catherall Chapters 8 & 11

Assignments

- Forum 7
- Full Research paper

## **Week 8: Impact of Trauma and Illness on a family**

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Learning Outcomes

LO-11

Required Readings

Walsh Chapters 13 and 14

Catherall Chapters 8 & 11

Assignments

- Forum 8
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## **Evaluation**

**Grading:**

Name	Grade %
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## **Materials**

**Book Title:** Handbook of Stress, Trauma, and the Family - E-book available in the APUS Online Library. Links provided inside the classroom in the Lessons section.

**Author:** Catherall

**Publication Info:** Taylor & Francis Group

**ISBN:** 9780415947541

**Book Title:** Strengthening Family Resilience, 3rd Ed - Ebook available in the APUS Online Library. Links provided inside the classroom in the Lessons section.

**Author:** Walsh, Froma

**Publication Info:** Guilford Press

**ISBN:** 9781462522835

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**Links to the resources listed above and additional resources that are required readings can be found in the Lessons section of the classroom.**

In addition to the required course texts the following public domain Websites are useful. Please abide by the university's academic honesty policy when using Internet sources as well. Note web site addresses are subject to change.

<b>Site Name</b>	<b>Website URL/Address</b>
The OWL at Purdue	<a href="http://owl.english.purdue.edu/">http://owl.english.purdue.edu/</a>
APA Style Homepage	<a href="http://www.apastyle.org/index.aspx">http://www.apastyle.org/index.aspx</a>

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## Course Guidelines

### Citation and Reference Style

Attention Please: Students will follow the APA Format as the sole citation and reference style used in written work submitted as part of coursework to the University. Assignments completed in a narrative essay or composition format must follow the citation style cited in the APA Format.

### Late Assignments

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals, I understand you must manage competing demands on your time. Should you need additional time to complete an assignment, please contact me **before** the due date so we can discuss the situation and determine an acceptable resolution. Late submissions that are submitted without prior approval may not be graded. Routine submission of late assignments is unacceptable and may result in points deducted from your final course grade.

**Forum Assignments** – These are interactive dialog assignments designed to help you connect with your classmates in course related discourse and form a learning community. They are located under the “Forums” link on the left side of your course screen. Please carefully read the forum prompt each week. Post your initial response by 11:59 PM on Wednesday of the week and 2 reply posts to classmates by 11:59 PM on Sunday of the week. Late posts to the forum cannot be accepted for grading. Once the week ends, the forum ends. The grading rubric and requirements for forums can be found in the Forum section of the classroom.

### Netiquette

Online universities promote the advancement of knowledge through positive and constructive debate – both inside and outside the classroom. Forums on the Internet, however, can occasionally degenerate into needless insults and “flaming.” Such activity and the loss of good manners are not acceptable in a university setting – basic academic rules of good behavior and proper “Netiquette” must persist. Remember that you are in a place for the rewards and excitement of learning which does not include descent to personal attacks or student attempts to stifle the Forum of others.

**Technology Limitations:** While you should feel free to explore the full-range of creative composition in your formal papers, keep e-mail layouts simple. The Sakai classroom may not fully support MIME or HTML encoded messages, which means that bold face, italics, underlining, and a variety of color-coding or other visual effects will not translate in your e-mail messages.

**Humor Note:** Despite the best of intentions, jokes and especially satire can easily get lost or taken seriously. If you feel the need for humor, you may wish to add “emoticons” to help alert your readers: ;-), :), J

### **APUS Online Library**

The Online Library is available to enrolled students and faculty from inside the electronic campus. This is your starting point for access to online books, subscription periodicals, and Web resources that are designed to support your classes and generally not available through search engines on the open Web. In addition, the Online Library provides access to special learning resources, which the University has contracted to assist with your studies. Questions can be directed to [librarian@apus.edu](mailto:librarian@apus.edu).

- **Charles Town Library and Inter Library Loan:** The University maintains a special library with a limited number of supporting volumes, collection of our professors' publication, and services to search and borrow research books and articles from other libraries.
- **Electronic Books:** You can use the online library to uncover and download over 50,000 titles, which have been scanned and made available in electronic format.
- **Electronic Journals:** The University provides access to over 12,000 journals, which are available in electronic form and only through limited subscription services.
- **Tutor.com:** AMU and APU Civilian & Coast Guard students are eligible for 10 free hours of tutoring provided by APUS. [Tutor.com](https://www.tutor.com) connects you with a professional tutor online 24/7 to provide help with assignments, studying, test prep, resume writing, and more. Tutor.com is tutoring the way it was meant to be. You get expert tutoring whenever you need help, and you work one-to-one with your tutor in your online classroom on your specific problem until it is done.

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## University Policies

### [Student Handbook](#)

- [Drop/Withdrawal policy](#)
- [Extension Requests](#)
- [Academic Probation](#)
- [Appeals](#)
- [Disability Accommodations](#)

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