

# Online Learning Tips for Academic Success

Many adult learners face the challenge of trying to balance personal and professional obligations, while working towards degree completion. Hopefully, the following tips will help you to develop your own strategy for academic success, as you complete your degree!

## Don't Overload!



*Be realistic about how much time you have to dedicate to your studies. Remember, online courses are oftentimes writing intensive; requiring completing and responding to discussion board posts, in addition to reading assignments and research projects. For this reason, taking more than two courses concurrently is never advised. Click the link below to find out the course requirements and workload expectations to help you best decide how many classes you can handle at one time. Keep in mind, faster is not always better! [http://www.apus.edu/student-handbook/registration/#course\\_req](http://www.apus.edu/student-handbook/registration/#course_req)*

## Use Your Resources



*Where can you go for online tutoring? Is MATH125 more complex than MATH110? What courses work well taken together? Your Academic Advisors can answer these questions and many more! Feel free to email Academic Advising [counseling@apus.edu](mailto:counseling@apus.edu), to ask any questions or learn how to set up a formal Advising Session to develop your own personal academic strategy for success! Getting to know the Online Librarian and all of the tools and resources within the Online Library may prove helpful as well. The link to the Online Library is located on the right side of the Online Campus, under Academic Resources. Lastly, click the following link <http://onlinelearningtips.com/2009/10/23/to-make-the-grade-make-your-librarian-your-new-best-friend/> to find out why you should make the librarian your new best friend!*

## Follow your Academic Plan



*Your Academic Plan shows all of the program requirements for degree completion and can serve as a guide to complete your program. To ensure you have gained the sound research, writing, critical thinking skills, and abilities to successfully complete the upper level coursework, undergraduate students should follow their Academic Plan and complete the General Education Requirements before delving into the Core, Major, or Concentration Requirements. Graduate Students should complete the Research Methods course first, as it serves as a foundation to the research and writing requirements imperative to successfully completing the remaining degree requirements.*

## Stay Connected



*Be sure to keep your contact information-your mailing address, email addresses, home, and, work telephone numbers, etc. updated at all times within the Online Campus. Try to get to know and collaborate with others in your courses. Find out if any other students are in your area and plan a study group. Join APUS on Facebook, Twitter, and the Online Learning Forum to meet other APUS students. <http://onlinelearningtips.com/forum/#/> Communicate with your professors and/or your Advisor if something is preventing you from completing an assignment or a course by the end date or deadline.*

## Take a Time Out



*Manage your time effectively so that you have time to study but also set time aside to relax with friends and family. Studies show stress levels can be decreased when we do things we enjoy. Click the link below to learn more tips that will help you to avoid academic burnout while pursuing your degree. <http://onlinelearningtips.com/2009/12/30/how-online-students-can-beat-burnout/>*