# **PSYC221**

**STUDENT WARNING:** This course syllabus is from a previous semester archive and serves only as a preparatory reference. Please use this syllabus as a reference only until the professor opens the classroom and you have access to the updated course syllabus. Please do NOT purchase any books or start any work based on this syllabus; this syllabus may NOT be the one that your individual instructor uses for a course that has not yet started. If you need to verify course textbooks, please refer to the online course description through your student portal. This syllabus is proprietary material of APUS.

# **Course Summary**

# Description

**Course Description:** This course provides a broad overview of theories of personality. Course content includes psychodynamic, behavioral, cognitive, and humanistic perspectives, and examines contributions of major theorists from each school, key theoretical points from each perspective, critiques of the value (and the limitations) of each theory.

# Course Scope:

This course provides an overview of research, theory and practice related to human personality development.

# **Objectives**

In completion of this course, the student will:

- 1.Examine the major theories of human personality
- 2.Compare methods of research used to study personality development
- 3. Examine the impact of cultural differences on the formation of personality
- 4. Analyze the relationship between personality and the concepts of love and hate
- 5. Identify characteristics of abnormal personality development
- 6.Apply a theory of personality to personal life experiences and orientations

# Outline

#### Week 1:

#### Topics

The 8 major models of personality development, a brief history of personality psychology, how personality is studied and the 10 basic types of personality assessment.

Readings

Chp. 1: What Is Personality Chp. 2: How Is Personality Studied and Assessed

#### Assignments

Forum 1

# Week 2:

#### Topics

Freudian theory, the neo-analytic evolution of Freudian theory through Jung, Adler, Horney, and Erikson, Anna Freud, Heinz Hartmann and object relations theories that provide a bridge from Freud to more modern conceptions of personality

#### Readings

Chp. 3: Psychoanalytic Aspects of Personality Chp. 4: Neo-Analytic and Ego Aspects of Personality: Identity

#### Assignments

Quiz 1 Forum 2 Learning Reflection Journal

#### Week 3:

#### Topics

Overview of biological influences on personality and the behaviorist and learning approaches to personality.

#### Readings

Chp. 5. Biological Aspects of Personality Chp. 6. Behaviorist and Learning Aspects of Personality

#### Assignments

Quiz 2 Forum 3 Learning Reflection Journal

#### Week 4:

#### Topics

Cognitive models of personality, including schemas, constructs, scripts, and attributions, the history of the trait approach, the contemporary trait approach based on five dimensions, the Big Five, and motives, expressive style and skills aspects of personality.

#### Readings

Chp. 7. Cognitive and Social-Cognitive Aspects of Personality Chp. 8. Trait and Skill Aspects of Personality

Assignments

My Personality Theory Paper Week 4 Forum

### Week 5:

#### Topics

Humanistic, existential and person-situation interactionist aspects of personality development.

Readings

Chp. 9. Humanistic and Existential Aspects of Personality Chp. 10. Person-Situation Interactionist Aspects of Personality

#### Assignments

Quiz 3 Forum 5 Learning Reflection Journal

#### Week 6:

#### Topics

Gender-based personality differences and disease-related personality changes.

Readings

Chp. 11. Male-Female Differences Chp. 12. Stress, Adjustment, and Health Differences

#### Assignments

Quiz 4 Forum 6 Theory Compare / Contrast Paper Learning Reflection Journal

#### Week 7:

#### Topics

History of personality and culture research, the influence of language and thought on identity and factors that contribute to the "personality of love and hate".

Readings

Chp. 13. Cultural and Ethnic Differences Chp. 14. Love and Hate Chp. 15. Where Will We Find Personality

Assignments

Quiz 5 Forum 7 End of journal summary

#### Week 8:

Topics

Eight personality major theories recap and contemporary issues in the study of personality psychology.

Assignment

Final Exam Forum 8 NOTE: NO COURSEWORK CAN BE SUBMITTED FOR GRADING AFTER THE LAST DAY OF THE COURSE.

# Evaluation

Readings and Written Assignments– Assignments in this course require reading and synthesis of and response to classroom content.

The formal paper assignments must be submitted in MSWord (.doc or .docx, not .wps or .wpd) and must be the student's original work (in his/her own words with NO COPYING from the textbook, Internet sources or any other published materials), and must include proper source crediting in both the paper body and an attached References page for any paraphrasing or quotes of published authors' work, the latter of which, quotes, should be used very sparingly. The majority of the writing must be paraphrasing (restating what one reads in one's own words). Excessive quoting will result in significant point loss. Course instructors need to assess students' grasp of concepts and see evidence that they know the meaning of the authors' ideas and how they apply to course concepts rather than an ability to assemble numerous quotes.

Collaboration on coursework, unless so assigned by the course instructor, is not allowed.

<u>Quizzes</u>: Students will complete **five short essay quizzes** over the course of the semester (weeks 2, 3, 5, 6, and 7). Quizzes will be based on specified textbook chapters. They are open book, but will require careful analysis of chapter content because while some questions will reference direct statements and definitions in the textbook, others will call for more careful reading, synthesis of material and application of critical thinking skills.

# Forums:

Participation in **eight weekly forums assignments** is required for this course. Each forum requires one original post with a minimum of 300 words and three (3) substantive replies with a minimum of 200 words to the postings of other classmates. Replies must include the name of the fellow student being replied to and the specifics of his or her post that motivated the reply, and include related thoughts and insights of the student replying. The initial post is due by Wednesday and replies to classmates are due by Sunday at the end of each scheduled forum week. Forums are academic dialogs in which informal instant messaging style language or casual socializing should be avoided along with opinion unless the latter is instructed by the course instructor.

The Learning Reflection Journal requires weekly learning experience reflection across Weeks 2, 3, 5, 6 and 7 (600 words for each weekly reflection) and a Week 7 **Learning Reflection Journal Summary** compilation of the reflections into a single document, which concludes with two substantive summary paragraphs that are 500 hundred words in length combined. This assignment is due in week seven and instructions for this assignment are located on the classroom Assignments page.

<u>My Personality Theory Paper</u>: Each student will write a 7-page paper, not including the Title and Reference pages, describing a personality theory from the course that you believe best describes how you developed your personality and relating it to your personal life experience. Instructions for this assignment are located on the classroom Assignments page. This assignment is due in week four.

<u>Theory Compare / Contrast Paper</u>: For this assignment, you will write a paper 7 pages in length, not including required cover and Reference pages, which compares and contrasts two personality theories from

the course. You are free to select from among the several theories covered in the course to date, but only two theories may be used. Instructions for this assignment are located on the classroom Assignments page. This assignment is due in week six.

**Final Exam**: The comprehensive, open book Final Exam is in the Tests & Quizzes page in the classroom. This test is not proctored or timed. Students will have from Monday, when the exam opens, until the following Sunday of its scheduled week to complete and submit it. This assignment is due in week eight.

### Grading:

Name	Grade %
Forums	32.00 %
Week 1 Forum	4.00 %
Week 2 Forum	4.00 %
Week 3 Forum	4.00 %
Week 4 Forum	4.00 %
Week 5 Forum	4.00 %
Week 6 Forum	4.00 %
Week 7 Forum	4.00 %
Week 8 Forum	4.00 %
Quizzes	10.00 %
Short Essay Quiz 5	2.00 %
Short Essay Quiz 4	2.00 %
Short Essay Quiz 3	2.00 %
Short Essay Quiz 2	2.00 %
Short Essay Quiz 1	2.00 %
My Personality Theory Paper	13.00 %
My Personality Theory Paper (Week Four)	13.00 %
Final Exam	25.00 %
FINAL EXAM	25.00 %
Learning Reflection Journal	10.00 %
Learning Reflection Journal Summary (Week Seven)	10.00 %
Theory Review Paper	10.00 %
Theory Compare / Contrast Paper (Week Six)	10.00 %

# Materials

**Book Title:** Personality: Classic Theories and Modern Research, 5th ed - The VitalSource e-book is provided via the APUS Bookstore

Author: Friedman, Howard S. / Schustack, Miriam W.

Publication Info: Pearson

**ISBN:** 9781256525813

**Book Title:** You must validate your cart to get access to your VitalSource e-book(s). If needed, instructions are available here - http://apus.libguides.com/bookstore/undergraduate

Author: N/A

Publication Info: N/A

ISBN: N/A

TEXTBOOK NOTE:

This course uses a Vital Source textbook. To access a Vital Source book, you must validate your shopping cart through the EdMap bookstore. Once you have done so, you will receive via email, instructions for free access to the book.

A guide for processing VitalSource books can be accessed via this link: <u>http://apus.campusguides.com/bookstore/undergraduate</u>

If you have trouble with shopping cart validation or using your Vital Source book after you have received the instructions email <u>ecm@apus.edu</u> should be contacted.

# **Course Guidelines**

# **Citation and Reference Style**

- Students will follow APA format as the sole citation and reference style used in written assignments submitted as part of coursework in the Psychology Department.
- Please note that no formal citation style is graded on forum assignments in the School of Arts & Humanities—only attribution of sources (please see details regarding forum communication below).

# Tutoring

<u>Tutor.com</u> offers online homework help and learning resources by connecting students to certified tutors for one-on-one help. AMU and APU students are eligible for 10 free hours of tutoring provided by APUS. Tutors are available 24/7 unless otherwise noted. Tutor.com also has a SkillCenter Resource Library offering educational resources, worksheets, videos, websites and career help. Accessing these resources does not count against tutoring hours and is also available 24/7. Please visit the APUS Library and search for 'Tutor' to create an account.

# Late Assignments

# School of Arts & Humanities Late Policy

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals, we understand you must manage competing demands on your time. Should you need additional time to complete an assignment, please contact your instructor before the due date so you can discuss the situation and determine an acceptable resolution.

Work posted or submitted after the assignment due date will be reduced by 10% of the potential total score possible for each day late up to a total of five days, including forum posts/replies, quizzes/tests, and assignments. Beginning on the sixth day late through the end of the course, late work, including forum posts/replies, quizzes/tests, and assignments, will be accepted with a grade reduction of 50% of the potential total score earned.

# Turn It In

Assignments are automatically submitted to Turnitin.com within the course. Turnitin.com will analyze an assignment submission and report a similarity score. Your assignment submission is automatically processed through the assignments area of the course when you submit your work.

# **Academic Dishonesty**

Academic Dishonesty incorporates more than plagiarism, which is using the work of others without citation. Academic dishonesty includes any use of content purchased or retrieved from web services such as CourseHero.com or Scribd. Additionally, allowing your work to be placed on such web services is academic dishonesty, as it is enabling the dishonesty of others. The copy and pasting of content from any web page, without citation as a direct quote, is academic dishonesty. When in doubt, do not copy/paste, and always cite.

### **Submission Guidelines**

- Some assignments may have very specific requirements for formatting (such as font, margins, etc.) and submission file type (such as .docx, .pdf, etc.). See the assignment instructions for details. In general, standard file types such as those associated with Microsoft Office are preferred, unless otherwise specified.
- It is the student's responsibility to ensure the all submitted work can be accessed and opened by the instructor.

### **Disclaimer Statement**

Course content may vary from the outline to meet the needs of a particular group or class.

# **Communicating on the Forum**

- Forums are the heart of the interaction in this course. The more engaged and lively the exchanges, the more interesting and fun the course will be. Only substantive comments will receive credit. Although there is a final posting day/time after which the instructor will grade and provide feedback, you are strongly discouraged from waiting until the due date to contribute your comments/questions on the forum. The purpose of the forums is to actively participate in an on-going discussion about the assigned content.
- "Substantive" means comments that contribute something new and important to the discussion. Thus a
  message that simply says "I agree", even if wordy and thus, meets the length requirement, is not
  substantive. A substantive comment contributes a new idea or perspective, a good follow-up question
  to a point made, offers a response to a question, provides an example or illustration of a key point,
  points out an inconsistency in an argument, etc.
- As a class, if we run into conflicting view points, we must respect each other as colleagues. Hateful, aggressive, or hurtful comments towards other individuals, students, groups, peoples, and/or societies will not be tolerated.
- Students must post a response to the weekly forums prompt and post the required number of replies to other students refer to the grading rubric and/or forum instructions for specific expectations on number of replies and word count requirements.

# **Quizzes and Exams**

• Quizzes and exams may consist of true/false, multiple choice, and short essay questions. Each quiz/exam is accessible only once. Once a quiz/exam is accessed, you will not be able to access it again if you disconnect. Therefore, allocate time to complete your assessments.

# **University Policies**

# Student Handbook

Drop/Withdrawal policy

- Extension Requests
- <u>Academic Probation</u>
- Appeals
- Disability Accommodations

The mission of American Public University System is to provide high quality higher education with emphasis on educating the nation's military and public service communities by offering respected, relevant, accessible, affordable, and student-focused online programs that prepare students for service and leadership in a diverse, global society.

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